

*Vincenta M. Leigh, R.N., M.S.N., C.S., APRN*

## **CURRICULUM VITAE**

2020

NAME: Vincenta M. Leigh, R.N, M.S.N, C.S., APRN

Phone: (559) 974-0358

### **EDUCATION**

School of Nursing:

Long Island College Hospital  
School of Nursing  
Brooklyn, New York

R.N., 1967

College:

City University of New York Lehman College  
Bronx, New York

B.A., 1968

(Sociology, Psychology)

Graduate School:

Yale University Graduate School  
Department of Sociology  
New Haven, Connecticut

1971-1973

Yale University School of Nursing  
New Haven, Connecticut

M.S.N., 1975  
(Psychiatric Nursing)

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## **PROFESSIONAL EXPERIENCE**

Research Nurse (for Allergy Study)  
Staff Nurse  
Montefiore Hospital and Medical Center  
Bronx, New York

July, 1967- June, 1968  
July, 1968- Dec. 1971

Psychiatric Emergency Room Nurse Clinician  
Jacobi Hospital (Bronx Municipal Hospital Center)  
Bronx, New York

Jan, 1971- June, 1971

Responsibilities included: assessment; crisis intervention;  
referrals; teaching; training and supervision of  
nursing personnel; coordinated nursing services  
in the emergency room.

Psychiatric Staff Nurse - Team Leader  
Research Head Nurse

July, 1971- Dec. 1971

Jan. 1972- Sept. 1973

Inpatient Clinical Research Unit  
Connecticut Mental Health Center  
New Haven, Connecticut

Administered the nursing service of the Clinical Research Unit in all matters relating to nursing personnel. Developed and coordinated research activities; assisted in developing clinical research protocols. Responsible for maintaining the quality of ward activity programs and the therapeutic community; in charge of in-service education; instituted orientation programs for new personnel; taught and reviewed research being conducted in the unit to nursing and other staff; taught family interviewing techniques and planned and developed project to teach nursing staff family intervention; was responsible for coordinating and providing 24-hour nursing coverage for the Unit; coordinated nursing staff meeting designed to develop and reevaluate patient care plans.

Instructor in Psychiatric Nursing  
Lecturer of Psychiatric Nursing  
Yale University School of Nursing  
New Haven, Connecticut

July 1975- Jan. 1977  
Feb. 1977- July, 1977

Supervised nursing staff in their nursing responsibilities; supervised nursing staff in research projects; assisted in planning and teaching in-service education; clinical supervision of Yale psychiatric nursing students for milieu experience at the Yale Psychiatric Institute; clinical supervision of Yale School of Nursing Basic students, clinical advisor and long-term psychotherapy advisor; thesis advisor.

Associate in Research  
Lecturer, Department of Psychiatry  
Yale University School of Medicine  
New Haven, Connecticut

Feb. 1977- July, 1979  
Feb. 1977- July, 1979  
July, 1979- June, 1989

Interviewer for research project concerned with the genetics of affective disorders.  
Primary investigator of research project at Connecticut Mental Health Center to study family attitude and fantasies about research hospitalization. Responsibilities in this position included teaching, supervision, and research.

Instructor, Mental Health Nursing Education  
Assistant Director/Acting Director, Mental Health  
Nursing Education  
Connecticut Valley Hospital  
Middletown, Connecticut

Aug. 1979- April, 1980  
May, 1980- May, 1981

Planned, developed and evaluated psychiatric nursing education programs for all nursing staff; review and revise program according to changing concepts, objectives and teaching methods; directed and evaluated orientation and staff development programs for professional and paraprofessional nursing personnel; chaired departmental meetings; acted as a consultant to members of other disciplines and participate in planning and implementing interdisciplinary education; submitted reports; participated in developing the psychiatric nursing philosophy, objectives and policies for the facility; participated in the preparation and implementation of budget for the Department of Nursing Education; represented the facility at professional and community meetings.

Nurse Coordinator  
Geriatric Day Treatment Center, and  
Day Treatment Center  
Institute of Living  
Hartford, Connecticut

June, 1981- April, 1988

Overall administrative responsibility and coordination of care to two highly active and dynamic multidisciplinary programs; liaison with inpatient services, individual therapist and community; provision of clinical supervision and education; program development and evaluation.

Functioned de facto as assistant director of the Adult Day Treatment Center and as acting director during the director's absence. Responsibility for administrative policies and budget. Supervision of M.S.N. graduate nursing students in their individual psychotherapy. First non-physician therapist to be credentialed as a primary therapist at the Institute. Clinical responsibilities included individual psychotherapy, group and family therapy, in charge of preadmission evaluation and triage of all prospective patients.

Adjunct Faculty

July, 1987- June, 1989

Boston University School of Nursing  
Boston, Massachusetts

Faculty, School of Nursing  
University of Connecticut School of Nursing  
Storrs, Connecticut

Jan. 1988 - June, 1989

Assistant Director of Nursing  
Institute of Living  
Hartford, Connecticut

May, 1988- June, 1989

Responsible for the integration of nursing in the acute, ambulatory, and specialty division with other functional areas of the hospital in the mutual achievement of organizational goals. Ensured that standards of nursing practice were established and implemented. Promoted effective nursing care through skillful exercise of the functions of an administrator and through the broad functions of clinician, researcher, and educator. Assisted in formulating departmental objectives.

Lecturer, Psychiatry Program, School of Nursing  
California State University, Fresno

January, 1990 - 1992

Taught and supervised nursing students from CSU in their clinical rotation at the Acute Psychiatric Treatment Unit, County of Fresno and the Valley Medical Center.

Director of Nursing, Community Alzheimer's Living Center  
Community Hospitals of Central California  
Fresno, CA

January, 1991 - November, 1994

Director of Nursing and other therapeutic services in this long-term care, quality oriented facility. Instrumental in the development of outstanding programs and received facility awards and recognition. Responsible for the day to day functioning, staffing, personnel /HR as well as long term planning, and unique Alzheimers programs. Met with Dept of Health regularly.

Project Director, Quality of Life of Cancer Patients,  
Community Hospitals of Central California,

January, 1995 - December, 1995

Developed Computerized Quality of Life Tools for cancer outpatients.

**Assistant Clinical Professor of Psychiatry**

University of California, San Francisco  
San Francisco/Fresno, California

**July 1989 - Present**

**Manager II, Coordinator, Intensive Outpatient Programs**

Adult Intensive Outpatient Program  
Adolescent Intensive Outpatient Program  
Triage Team Manager  
ECT Program  
Department of Mental Health,  
Kaiser Permanente Medical Centers,  
Fresno, CA

**October 1995 – May 1, 2020**

I completely developed, from its inception, what has become to be a highly innovative, dynamic and invaluable comprehensive program to help acutely ill psychiatric patients. I run two very dynamic, short-term, group-oriented programs designed to treat adults, adolescents, and families

in crisis. This program is considered to be one of the gems of the Department of Psychiatry here in Fresno and in the Northern California Region of Kaiser Permanente.

The goals of the IOP (Intensive Outpatient Program) both Adult and Adolescent are to prevent hospitalization, reduce inpatient days and promote a smooth transition from inpatient hospitalization to the outpatient program by providing a safe, caring, and intense group program and crisis case management, that utilizes CBT, IPT, and DBT. Patients in this program often suffer from a major affective illness, and may be experiencing psychotic symptoms and often have suicidal ideation. I direct this comprehensive therapeutic program and supervise a multidisciplinary group of staff comprised of 3 licensed psychologists, social workers and a Recreational/Activity therapist. This program is a training site for University of California, San Francisco psychiatry residents to whom I provide direct supervision. It is also a training site for psychology interns and post-grads.

I am also the Nurse Coordinator of the ECT Program which involves coordination of care with other disciplines and clinics as well as the hospital-based Operating Room, Pre-OP, Post-OP teams. This involves QA, as well.

In addition, I am the manager for the Triage Team in the outpatient Department of Psychiatry and Addiction Medicine and Recovery Services, composed of 3 full time psychiatric nurses and one master's prepared therapist. This team is the first line of staff that welcome new patients to the Department, which involves a brief acuity and risk assessment, and schedule patients accordingly. The team answers crisis calls, helps walk-ins, gives outpatient injections, and assists patients with medication issues. This team and myself were selected as "Everyday Heroes" an outstanding honor at Kaiser Permanente, Fresno, and are featured in the "gallery of heroes."

## **PROFESSIONAL ORGANIZATIONS**

International College of Psychosomatic Medicine

Yale Alumni Schools Committee, Interviewer

Sigma Theta Tau, Nursing Honor Society

### **Certified as:**

**Clinical Nurse Specialist (now APRN)** in Adult Psychiatric and Mental Health Nursing, since January 1, 1986

*Vincenta M. Leigh, M.S.N.*

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Licensure:

California RN Lic No: 440939

## **PRESENTATIONS**

Leigh V: The nurse's role in psychosomatic research. The IV Congress of the International College of Psychosomatic Medicine. September 6, 1977, Kyoto, Japan

Leigh V and Leigh H: Forming an alliance with patients for research. The VI World Congress of Psychiatry, September 2, 1977, Honolulu, Hawaii

Leigh V: Feasibility of nursing research. Nursing Forum, October, 1980, Connecticut Mental Health Center, New Haven, Connecticut

Leigh V and Sturges JD: Collaborative management of problems of living. The VI World Congress of the International College of Psychosomatic Medicine, September, 1981, Montreal, Canada

Strong P, Adelson B, Berger C, Keckich W, Leigh V, Smith HH, Stevenson R, Smolski S: A new option for the elderly: Psychiatric Day Treatment. The 35th Annual Scientific Meeting of the Gerontological Society of America, November, 1982, Boston, Massachusetts

Leigh V and Sturges J: Family attitudes and fantasies about research hospitalization. The VII World Congress of Psychiatry, July, 1983, Vienna, Austria

Leigh V: Attitudes and fantasy themes of patients on a psychiatric research unit. Third Annual Clinical Research Day, University of Connecticut Continuing Educational Services, April 26, 1984

Leigh V et al: Working with the young chronic patient in a mixed population. Second Annual Conference of the Partial Hospitalization Association of Connecticut, October 4, 1984

Leigh V, Kasmarzyk S, Mandalos G, McCloskey H, Fongemie J, Karson A: Treatment of the young adult chronic patient in a partial hospitalization program. The 29th Annual



Conference of the American Association for Partial Hospitalization, Orlando, Florida, September 13-15, 1985

Leigh V, Karson A, Mandalos G, McCloskey H, Fongemie J, Kasmarzyk S: Family involvement vs adult individual workplace: Contradiction or complement? The 29th Annual Conference of the American Association for Partial Hospitalization, Orlando, Florida, September 13-15, 1985

Leigh V and Smolski S: Age and health perceptions of psycho-geriatric patients. The Ninth World Congress of the International College of Psychosomatic Medicine, September, 1987, Sydney, Australia

Leigh V and Smolski S: Age and health perceptions of psycho-geriatric patients. Nursing Grand Rounds, Institute of Living, January 14, 1988

Leigh H, Leigh V: Biopsychosocial evaluation leading to a three-dimensional treatment How Can We Help? Psychosocial Interventions and Psychotherapies in Medicine 12th World Congress of Psychosomatic Medicine, September, 1993

Leigh V, Margolin, L, Roberts, R, Wheeler, MS: Helping Families of Patients With Alzheimer's Disease Cope With Institutionalization 12th World Congress of Psychosomatic Medicine, September, 1993

Leigh V, Knudsen A, Franklin MS, Rauch A, Leiby S: Aggressive nutritional program in the institutionalized Alzheimers patient Programme and Abstracts, 13th World Congress, International College of Psychosomatic Medicine, Jerusalem, September, 1995, p A201

Leigh V, Knudsen A, Franklin MS, Rauch A, Leiby S: Aggressive nutritional program in the institutionalized Alzheimers patient 13th World Congress, International College of Psychosomatic Medicine, Jerusalem, September 11-15, 1995

Leigh V: The Kaiser alternative to partial hospitalization Poster presentation at 14<sup>th</sup> World Congress of Psychosomatic Medicine, Aug 31-September 5, 1997, Cairns, Australia

Leigh V: Behavioral medicine is alive and well in one of the largest and oldest managed care organizations 16<sup>th</sup> World Congress of Psychosomatic Medicine, Athens, Greece, April, 1999

Leigh V: Social Networking: Source of Not So Virtual Stress  
Poster Presentation, 21st World Congress of Psychosomatic Medicine,  
Seoul, Korea, Aug 27, 2011

Leigh V: Social Networking, Cultural Differences and Stress  
in Symposium, " Culture and health Care Throughout the Life Cycle", Jon  
Streltzer, Chair, 3rd World Congress of Cultural Psychiatry, Queen Mary  
University of London, London, March 9-11, 2012

Leigh V, Laura Lencioni: Turkish Baths: Eliminating Real Or Imagined Toxins  
In A Psychotic, Vulnerable Adult. Poster Presentation.  
23rd World Congress of Psychosomatic Medicine, Glasgow, Scotland, UK  
Aug 22, 2015

Leigh V, Lencioni L, Kawagoe D, Whitworth L: Successful Treatment Of A Treatment  
Resistant Depressed Diabetic Patient With Borderline Personality Traits  
25<sup>th</sup> World Congress of Psychosomatic Medicine, Florence, Italy  
Sept 11-13, 2019

## **PUBLICATIONS**

Leigh V: Attitudes and fantasy themes of patients on a psychiatric  
research unit.  
Archives of General Psychiatry 32: 598-601, 1975

Leigh V: Attitudes and fantasy themes of patients on a psychiatric  
research unit (Abstract). 1976 Yearbook  
of Psychiatry and Applied Mental Health, edited by  
Braceland, Freedman, Friedhoff, Knobb, Lourie and  
Romano. Yearbook Medical Publishers, 1976, p 301,  
p.306

Leigh V: The nurse's role in psychosomatic research  
Abstracts of Presentations, IV Congress of the International

College of Psychosomatic Medicine, September, 1977,  
Kyoto, Japan

Leigh V and Leigh H: Forming alliance with patients for research.  
Abstracts of Presentations, VI World Congress of Psychiatry  
August-September, 1977, Honolulu, Hawaii

Leigh V and Sturges, JS: Problems of everyday living. Chapter in  
*Psychiatry in the Practice of Medicine*, H. Leigh, editor.  
Addison Wesley Publishing Co., Menlo Park, California, 1983

Leigh V and Sturges JS: Collaborative management of problems of  
living. Abstracts of Presentations, The VI World Congress  
of the International College of Psychosomatic Medicine,  
September, 1981, Montreal, Canada

Strong P, Adelson B, Berger C, Keckich W, Leigh V, Smith HH,  
Stevenson R, Smolski S: A new option for the elderly: Psychiatric Day  
Treatment. Abstracts of Presentations, 35th Annual Meeting of the  
Gerontological Society of America, November, 1982, Boston, Massachusetts

Leigh V and Sturges J: Family attitudes and fantasies about  
research hospitalization. Abstracts of Presentations, The  
VII World Congress of Psychiatry, July, 1983, Vienna, Austria

Leigh V, Kasmarzyk S, Mandalos G, McCloskey H, Fongemie J,  
Karson A: Treatment of the young adult chronic patient in a  
partial hospitalization program. Proceedings of the Annual  
Conference on Partial Hospitalization, Orlando, Florida,  
September, 1985

Leigh V, Karson A, Mandalos G, McCloskey H, Fongemie J,  
Kasmarzyk S: Family involvement vs adult individual  
workplace; contradiction or complement? Proceedings  
of the Annual Conference on Partial Hospitalization  
Orlando, Florida, September, 1985

Leigh V and Smolski S: Age and health perceptions of psycho-  
geriatric patients. Proceedings of the Ninth World  
Congress of the International College of Psychosomatic  
Medicine. August/September, 1987, Sydney, Australia

Leigh V and Smolski S: Age and health perceptions of psycho-

- geriatric patients.  
Psychotherapy and Psychosomatics 47: 197-203, 1987
- Leigh V, Margolin L, Roberts R, Howes MS: Helping Alzheimer's families cope with institutionalization  
Abstract Book, 12th World Congress of Psychosomatic Medicine  
Bern, Switzerland, August 29-September 2, 1993 p 69
- Leigh H, Leigh V: Biopsychosocial evaluation leading to a three-dimensional treatment  
How Can We Help? Psychosocial Interventions and Psychotherapies in Medicine  
12th World Congress of Psychosomatic Medicine Final Program  
Bern, Switzerland, August 29-September 2, 1993 p 71
- Leigh V, Knudsen A, Franklin MS, Rauch A, Leiby S: Aggressive nutritional program in the institutionalized Alzheimer's patient  
Programme and Abstracts, 13th World Congress, International College of Psychosomatic Medicine, Jerusalem, September, 1995, p A201
- Leigh V, Knudsen A, Franklin MS, Rauch A, Leiby S: Aggressive nutritional program for the institutionalized Alzheimer's patient, in  
Leigh H (ed): *Biopsychosocial Approaches in Primary Care: State of the Art and Challenges for the 21<sup>st</sup> Century*, Plenum Press, New York, 1997 pp 119-124
- Leigh V: The Kaiser alternative to partial hospitalization  
14<sup>th</sup> World Congress of Psychosomatic Medicine Programs & Abstracts  
September, 1997
- Leigh H, Lipsitt DR, Swigar M, Leigh V: Managing consultation-liaison under managed care: A symposium  
Proceedings of the 16<sup>th</sup> World Congress of Psychosomatic Medicine, Athens, Greece, April 16-20, 1999, pp 97-98